



# Interlakes Community Caregivers, Inc.

Center Harbor - Meredith - Moultonborough - Sandwich

*Issue 37 Fall 2017*

## *President's Message*

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The word is change. It could mean the ever lessening amount of coins due to electronic payments. It could mean the turning of the leaves in the fall. It also might mean the change from water activities to land as we prepare for winter.

It could also mean the number of Volunteer Drivers for Community Caregivers who leave for the winter, changing the total pool of support for our Neighbors. This change can be difficult.

With change is the opposite, constant. There is a constant need for services for our Neighbors. The need does not drop off, there's just a smaller team to call on. This does not change with the seasons or calendar year. If anything, the need is increasing.

Doing more with less is what is necessary at this time of year. Please consider becoming a Volunteer Driver this season. You do not know what kind of a change you could make in someone's life.



*To volunteer please call 603-253-9275*

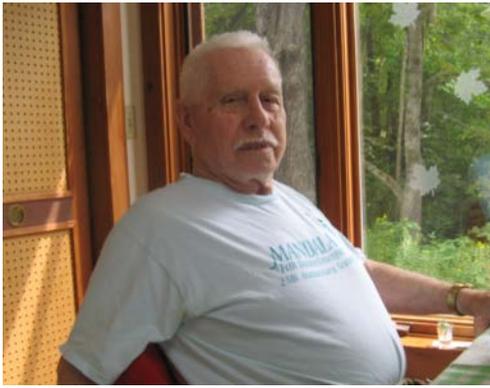
**Thank you to the following foundations who awarded grants to us in 2017:**  
**Meredith Village Savings Bank Fund**      **Skrungloo Farm, Inc. Grant Program**  
**Bald Peak Community Fund**      **Agnes M. Lindsay Trust**  
**New Hampshire Electric Co-op Foundation**



*Celebrating 20 Years of Service in 2018*

Our 2017 Annual Appeal is now underway. If you believe our services to promote and maintain independence and healthy living for people in our local community are important, please consider making a donation. As a 501(c)3 nonprofit, your gift is tax deductible. We do not charge for services and do not receive any funding from the federal government or state agencies and rely solely on charitable giving to fund our program, through donations such as yours, fundraising events and grants. Thank you in advance for your consideration.

Please donate online at [www.InterlakesCommunityCaregivers.org](http://www.InterlakesCommunityCaregivers.org) or mail your donation to:  
Interlakes Community Caregivers, Inc., P. O. Box 78, Center Harbor, NH 03226



## Bridge Anyone?



Meet James Burns, one of our Moultonborough Neighbors who enjoys playing bridge even now well into his 90's. Jim attends a weekly bridge game at Meredith Bay Colony Club.

Jim's family has owned property in Moultonborough since the 1940's or 50's. A one time camp has since become a year round residence. Jim lived in Concord, MA during his working years. He worked as a Chemical engineer at Raytheon in Waltham. Jim and his wife had three children, Rick, Tim and Katy. Rick lives in New Zealand with his family. Jim and his family have visited there several times.

Jim became a widower in 2013. Sometime after that his daughter moved to Moultonborough to help him out. Tim lives in Massachusetts and since retiring recently tries to give his sister Katy a break from caregiving every few weeks.

In the 1980's Jim and his wife retired to Moultonborough full-time. Jim became an active member of The Over the Hill Hikers in 1987. During his active hiking years he did all 48 New Hampshire 4000+ footers twice and some of them more often. The Over the Hill Hikers sometimes hiked in Europe. Jim went along on some of those hiking excursions as well.

Members of The Over the Hill Hikers are avid bridge players so Jim too became an avid bridge player.

Most Tuesdays Peter Halfman, an ICCI Volunteer, will either drive Jim to bridge or brings him home after the games. Peter says he gets to do a volunteer service by providing a ride and gets to play bridge, something he enjoys too. This is another ICCI win-win scenario. Jim and Peter enjoy each other's company for bridge and at the same time his daughter Katy gets a respite from care giving. Katy says that Interlakes Community Caregivers gives her a break to do something for herself while her dad is off playing bridge.

The Burns family learned of ICCI through word of mouth. Jim, Katy, and Tim are very grateful for all the assistance with transportation Community Caregivers has provided for Jim. Katy says, "This volunteer service organization is a blessing for our communities. There are so many elderly no longer able to drive or caregivers in need of some time off to do shopping or run other errands. Interlakes Community Caregivers is here for them."

As Jim and Peter were leaving for Meredith Bay Colony Club Jim said to me "I am handsome and modest." We all laughed. Jim said to please include that information in this article. Here is a prime example of the pleasant, interesting Neighbors we Volunteers get to meet. Volunteering can often give more rewards to the Volunteer than to the Neighbor. Don't you agree?

*Connie Cunningham*



COOKIES AND CAROLING  
MOULTONBOROUGH Function Hall  
DECEMBER 8, 2017 \* 1:00-3:00pm

BRINGING NEIGHBORS &  
VOLUNTEERS TOGETHER!

Call ICCI office by 11/20/17  
253-9275 to ask for a ride  
or volunteer to bake cookies.



## Director's Message



Thanksgiving is my favorite holiday. Although I count my blessings every day, this holiday is a time to be especially grateful.

Here at Interlakes Community Caregivers, we have a lot to be grateful for. We have loyal supporters whose gifts allow us to fulfill our mission. We have wonderful volunteers who joyfully give of their time and talent. We are part of a community that values others and wants to make our world a better place.

We are grateful to that small group of people who, twenty years ago, saw a need in our community and chose to address that need by forming Community Caregivers in the basement of the Center Harbor Congregational Church. Since that time, we have grown, with increased demands and services. As we celebrate 20 years of service in 2018, we continue to carry on this mission and we couldn't do that without volunteers.

Perhaps you too have been blessed and wish to give back to our community. Please consider using your time and talent in the many opportunities offered by Interlakes Community Caregivers.

As a volunteer, we offer flexibility to suit your schedule, initial and ongoing educational programs, mileage reimbursement, opportunities to stay active and maintain your skill sets, and especially the chance to make a direct impact for the better in someone's life. Our volunteers tell us the best thing about being a Community Caregivers volunteer is the people they meet and the rewarding feeling to know you have made a difference immediately.

Be the difference in the life of your neighbor by volunteering with Interlakes Community Caregivers. The rewards are immediate....and you, our neighbors and all of us at Community Caregivers will have even more to be thankful for this holiday season.

Happy Thanksgiving!



### *Button, Button Who's Got the Button!*

The theme for our Christmas Tree in this year's Meredith Altrusa's Festival of Trees will be "Button Up for Travel". We are seeking button-themed decorations and ask you to raid your button jars to help. Sew some on ribbons, glue some on some balls, mittens or icicles, add a button or two to any appropriate tree decoration, string some together for ornaments....let your imagination go wild!

The Meredith Altrusa Festival of Trees is a popular holiday event that will take place December 1 through 3 at the Waukegan Golf Club. A special preview is planned for November 30. After the public viewing over the weekend, the decorated trees are then donated to local families.

Decorations will be gratefully accepted through November 22nd at the office. If you'd just like to bring by a decoration or some buttons that someone else could decorate, we'll gladly accept (but we'd need to get those in earlier). Thanks in advance for your help in decorating the Interlakes Community Caregivers Christmas Tree!



Interlakes Community Caregivers, Inc.  
P O Box 78  
Center Harbor, NH 03226

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### **What ICCI has Accomplished!**

With thanks to the generosity of our caring and committed volunteers, donors and grantors, we are proud to share with you the following accomplishments over the past year (from September 1, 2016 - August 31, 2017):

2,988 Service Requests were received. Of these requests, only 5 were unable to be filled, making for a 99% success rate!

2,641 Services were completed. 342 services were cancelled, primarily by our Neighbors for various reasons, 45 were due to winter storms.

Of the services completed, 2,156 were for rides. Transportation-related services are our #1 request.

On average, 11 services per day were provided by our Volunteers for our Neighbors.

Volunteers drove 50,417 miles in their own vehicles to provide these services.

Volunteers donated 4,022 hours of their time. This is a value of over \$100,000 given back to our community.  
(Corporation for National and Community Service: The value of volunteer time is \$24.90 per hour for the State of New Hampshire)

We are fulfilling our mission thanks to all of you!

#### **Mission Statement**

**Interlakes Community Caregivers, a 501(c)3 nonprofit volunteer organization,  
provides supportive services and information for our neighbors to assist them in their daily lives.**

*Thank you to the New Hampshire Electric Co-op Foundation for support of this newsletter.*