



Interlakes Community Caregivers, Inc.

Center Harbor Meredith Moultonborough Sandwich

Issue 32 Summer 2016



President's Message

Already we are half way through summer! Most of us here in the Lakes Region are busy with all the summer activities and guests that make summer so special here. Our neighbors however, still need our services. Help with transportation, shopping, friendly visits and other assistance. That is what Community Caregivers does. That is what we are all about.

We are a volunteer organization. Services are performed by dedicated volunteers. Volunteers also help with many of the management tasks. See our Director's Report on the work of two committees staffed by volunteers and Board members.

Last year, we provided 2,200 services. Volunteers donated 5,000 hours and drove their own cars 46,600 miles!

To make all this happen, Caregivers relies on an office and staff working just 60 hours a week. This is tremendous leverage for all the services Caregivers provides our neighbors and community. We pay for the office and staff with various fundraisers. In this our busy summertime, you will read about two major sources of funding in this newsletter.

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Meet Blanche Glanzman, a Neighbor with

Fox Smith & Cooper



Blanche was a resident of Washington, DC, and would often travel to New Hampshire to visit family. At some point she made the move to be closer to her family by transitioning to a retirement community in Derry, New Hampshire. As the years went on she moved to the Lakes Region and the Meredith Bay Colony Club to be even closer to her daughter. Blanche is an avid crafter and was a member of the American Orchid Society.

While in Derry Blanche used a Caregiver service so when she moved to Meredith was pleased to find a similar service available here. When asked her first impressions of Interlakes Community Caregivers she said, "It was great! I have good conversations with great people. I find all the Volunteers to be so interesting and the stories they tell. I really enjoy hearing all of their stories. Talking with the Volunteers helps pass the time riding to appointments. Everyone is nice and caring. One of the Volunteers I have come to love is Fox. She has driven me several times and once took me out for ice cream after my appointment."

According to Blanche Community Caregivers' Volunteers are dependable. When she leaves a message she gets a call right back confirming that her call was received. As soon as a Volunteer is found she is contacted and on the night before her appointment the Volunteer calls and confirms a pick-up time. "Everyone goes above and beyond in this organization."

Interview by Naella McLaughlin and Connie Cunningham Photo by Bonnie Edwards



Join the Fun at the 6th Annual MiniGolf Tournament!
Saturday, September 10th, 1:00pm
Paradise Falls, 252 Lee Road, Moultonborough
Come and root for your favorite team!



Our largest fundraising event is coming soon. At press time, we have room for a couple more teams, so get your friends together, pre-register, and come and compete in our family-friendly MiniGolf Tournament. Awards in several categories, lots of door prizes, and everyone gets a free Ben & Jerry's sundae! Call Ann at the office for details (253-9275, Ext. 4). We are grateful to our lead sponsors who at press time:

- Gold:** Shep Brown's Boat Basin
- Silver:** McCarthy Lawn Property Management
Meredith Village Savings Bank
- Bronze:** At the Lakes Vacation Rentals
John Byers, Realtor
DAK Financial Group
Interlakes Family Dental
Meadow Pond Animal Hospital
Moulton Farm
Septic Solutions



FINAL DAYS TO ENTER OUR 50/50 RAFFLE

Have We Sold Your Lucky Number Yet?

You can win up to \$5000 with our 50/50 Raffle taking place this summer. Tickets are \$100 each and no more than 100 tickets will be sold.

The days are winding down for your chance to win! The drawing will be held on Saturday, September 10th at our 6th Annual Mini-Golf Tournament at Paradise Falls MiniGolf Course in Moultonborough.

Consider getting your friends together and pool your money to purchase one or more tickets five friends each put in \$20 to share the \$100 ticket price, with all tickets sold, \$1000 would be a good return!

To buy your lucky ticket, stop by the office in the Harbor Square Building, Unit 8B, 60 Whittier Highway (Rte. 25) in Moultonborough (Monday-Friday 9am to 3pm) or call the office at 603-253-9275. Please support Community Caregivers and take your chance to win.

Thanks to the NHEC Foundation for the recent \$2,000 grant to support the production of this newsletter and our upcoming new brochure. The ability to effectively inform the public, our volunteers and our neighbors about our services and activities is key to supporting our program which improves the quality of life for so many in our community.

The NHEC Foundation is a non-profit, tax-exempt 501(c) 3 foundation that provides grants to charitable organizations, community programs and projects and economic development projects. The Foundation was founded in 2005 by New Hampshire Electric Cooperative and is funded primarily through the voluntary contributions of NHEC members through their "Round Up" Program, in which the monthly electric bills of participating Co-op members are "rounded up" to the nearest dollar. At the end of 2015, the NHEC Foundation had awarded more than \$2.54 million to worthy causes in the New Hampshire communities it serves.

If you'd like to receive this newsletter directly by mail or by email, or have a location at which our newsletter or brochure can be distributed, please contact Ann Sprague, Executive Director, at 603-253-9275, Ext. 4, or email Director.Caregivers@gmail.com.

Director's Message



In addition to providing services directly to our Neighbors, Volunteers also help staff with a number of “behind the scenes” activities that support our mission. Here’s a list of some of our recent and soon-to-be accomplishments.

Public Relations Committee, to raise awareness of Community Caregivers:

- * A new **Facebook** page to reach a wider audience and to immediately inform friends of our activities on social media. **Please write a Review, Like, Follow** our **Page** and **Share** our posts on your timeline: <http://www.Facebook.com/InterlakescommunityCaregivers>.
- * A new look to our **website** with regular **updates**. **Download Neighbor and Volunteer Applications, read the Latest News, and Donate:** <http://www.InterlakesCommunityCaregivers.org>.
- * **New photography** to communicate our outcomes through visual images. Thanks to **Bonnie Edwards Photographic Portraits** for donating her professional services and thanks to Neighbors and Volunteers who were “our super models”!
- * Expanded production of this **Newsletter** so more people will know about our services and volunteer opportunities.
- * Redesign and reproduce a new **ICCI Brochure**.

Volunteer Committee, recently renamed and expanded to not only Educate ICCI Volunteers, but also to Recruit, Recognize and Retain our wonderful Volunteers:

- * **Outreach for Volunteer Recruitment** to dozens of area civic clubs, churches, libraries and other groups to share our volunteer opportunities with their membership.
- * **Volunteer Education Update.** Two new Volunteer sessions are being developed - one to concentrate on **Communications** and **Safety**, using the knowledge of current experienced Volunteers and a second session for training on **Assisted Rides** and any administrative issues, using the expertise of our Lead Coordinator, Audrey Wedick.
- * **Volunteer Education Manual** is being revised to incorporate Assisted Rides technology and this new training format.
- * **Mentor Program:** We wish to **assign mentors** from our experienced team to help answer any “hands on” questions and to provide follow-up for a new Volunteer in their early days of service. This will provide an even more supportive environment for our “newbies” with the goal of longer retention. If you are one of our tried and true Volunteers, consider mentoring a new Volunteer!
- * **Ongoing Education:** Surveys completed by Volunteers Recommitment Letters this Spring have been tallied. Watch for news on the interesting and informative topics and sessions that our Volunteers have selected.

To volunteer on any one of these projects, or to learn about other volunteer opportunities, please contact me at 253-9275, Ext. 4 or email to: Director.Caregivers@gmail.com. Thank you to all our Volunteers - You make our world a better place!



**NEIGHBORS
HELPING
NEIGHBORS**

*That's
what
we
are
about!!*



Interlakes Community Caregivers, Inc.
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Center Harbor, NH 03226

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Cookies & Caroling

*Bringing Neighbors & Volunteers
Together*

To Celebrate the Holidays!

Friday, December 9 • 1:00-4:00pm

139 Old Route 109, Moultonborough

In the dog days of summer, think of the cool festive days of December! We are happy to announce that we will be working with the generous Moultonborough Lions Club for a fun holiday event. Bringing our Neighbors and our Volunteers together to celebrate the holidays at the Lions Club Building in Moultonborough. Details to follow. Mark Your Calendars!



Thanks to everyone who came out and enjoyed some ice cream at Ben & Jerrys at Mill Falls Marketplace in Meredith to support our program! Ben & Jerry's Meredith Manager Liz Breton (on right) presents a check of \$608 to Caregivers Director Ann Sprague - A couple of "Cone Heads" "milking it up" for the camera!

