



# Interlakes Community Caregivers, Inc.

Center Harbor   Meredith   Moultonborough   Sandwich

*Issue 31 Spring 2016*

## *President's Message*



Having recently celebrated our Annual Meeting, we are excited about the year ahead. At the Annual Meeting the membership elected five Directors. David Eastwood of Moultonborough was elected to a second term. Three Directors filling unexpired terms were elected to their first full term: Peter O. Allen and Amy Brown of Moultonborough and Naella McLaughlin of Meredith. George Jewell of Meredith was elected to a first term (See bio below). I look forward to working with our talented and dedicated Board in 2016.

Our Executive Director, Ann Sprague, is now working full-time for Caregivers. The Board approved a staffing plan combining the previous part-time positions of Executive Director and Administrative Assistant into one full-time position. We believe this realignment will provide both better staffing and more fully utilize Ann's talents and expertise.

While we are excited about Ann's new position, we were sad to have Erta Gregory resign after three years of outstanding service due to her family moving out of the area. Erta established our financial accounting system. This is her legacy to Caregivers.

Our new on-line coordination program allowing volunteers to schedule their time and service is now fully operational. Increasing numbers of volunteers are now using the system to volunteer for the times and types of services that best meet their schedules. Volunteer response has been very positive. Additionally, the system has virtually eliminated the manual record keeping of volunteer services.

As always, we enter the busy summer season with the challenge of raising funds to support our mission. This will be the sixth year of our Mini-Golf Tournament. Hopefully we will continue the record of annually increasing proceeds.

We will again offer a 50/50 raffle. Raffle tickets will be sold at \$100. each and a limited number of 100 tickets are available for sale now. If all tickets are sold the winning prize is \$5000. You can return the enclosed envelope with your donation and we will mail you your hopefully winning ticket.

### **ICCI**

#### **Board of Directors**

John Buckley  
President

Peter O. Allen  
Vice President

John Byers  
Treasurer

Debra Peaslee  
Secretary

Amy Brown

Sally Dussault

David A. Eastwood

David Hughes

George Jewell

Carrie Jordan

Naella McLaughlin

Nathan Torr

**Executive Director**  
Ann W. Sprague

### **George Jewell, New Board Member**

George has been volunteering for ICCI since 2011 and is one of our coveted Long Distance Volunteer Drivers. George is a tax accountant, with a Bachelor's degree in accounting, a Master's in Business Administration and a Master's in Taxes. Other volunteer interest includes history and he is currently serving as the Treasurer for the Meredith Historical Society after a long term as its President. When not sharpening his pencil and counting numbers, George enjoys woodworking in general and specifically working on the house he built with his wife Nancy in Meredith. George was elected to a three year term on the Board of Directors.

**Please consider Interlakes Community Caregivers, Inc. when planning your will.  
Contact ICCI at 603-253-9275 for more information.**

### **Mission Statement**

**Interlakes Community Caregivers, a 501(c)3 nonprofit volunteer organization,  
provides supportive services and information for our neighbors to assist them in their daily lives.**



## INTERLAKES COMMUNITY CAREGIVERS THANKS VOLUNTEERS

Interlakes Community Caregivers paid tribute to our volunteers on May 26th at the 2016 Annual Meeting and Volunteer Recognition. The meeting took place at Church Landing, Meredith, beginning at 5pm. The ICCI Board of Directors presented Committee Reports and the Annual Treasurer's Report, and Board members were elected prior to the Volunteer Recognition part of the evening.

"Community Caregivers provided over 2,200 services in 2015 to our Neighbors in Meredith, Moultonborough, Center Harbor and Sandwich," stated John Buckley, ICCI Board President. Buckley congratulated and thanked all volunteers who donated almost 5,000 hours and drove over 46,000 miles in 2015.

"Our efforts result in very tangible benefits to our Neighbors which allow them to remain independent in their daily lives," stated Ann Sprague, ICCI Executive Director.

New Board members elected were: David Eastwood of Moultonborough to a second three-year term; Peter Allen and Amy Brown of Moultonborough and Naella McLaughlin and George Jewell of Meredith to their first three-year terms.

Volunteers were recognized for their service in a variety of categories and each received a red "Caring Hearts" Carnation:

Connie Cunningham of Sandwich donated the greatest number of hours in 2015 (249) through her commitment as a member of the ICCI Board of Directors, Public Relations Committee Chair, Newsletter Editor, Volunteer Coordinator and Volunteer Driver.

Sylvia Detscher of Meredith was recognized for having driven the greatest number of miles providing rides to Neighbors, a total of 3,385 miles in 2015.

Other recognitions included the following:

**Long Distance Volunteer Drivers:** Paul Arnold, Lisa Davis, George Jewell, Dick Russell, Deb "Fox" Smith, Peter Strople, Mike Devanney, Leslie Haynes, Bill Lee, Linda Lee and Earl Miller.

**The Volunteer Coordination Team:** Connie Cunningham, Charlotte Leavitt, Pat Lincoln, Linda Tucker and Karen Vadney.

**Length of Volunteer Service. 15 Years:** John Henderson and Penny Morrison. **10 Years:** Alvina Heine, John Buckley, Bob Bradley, Art Christopher, Linda Foster, Gary Cogswell, Joanne Cogswell and Janice Jenket. **5 Years:** Lisa Davis, George Jewell, John DiMattia, Leslie Haynes, Janice Lynch, Sally Lyon and Nan Russell.

**Best Thank You Note Received from a Neighbor:** David Eastwood.

The 2016 Annual Meeting & Volunteer Recognition was supported in part by grants from Bald Peak Community Fund, NH Electric Co-op Foundation, and Skrun gloo Farm Grant Program. ICCI is also grateful for support from Mill Falls at the Lake and the Common Man Family of Restaurants.

## Director's Message



At our recent Annual Meeting, we recognized the Volunteer Spirit at Interlakes Community Caregivers. Volunteering is a large part of American culture. Each person plays their part to accomplish something for the common good of all and the greater good of society. Volunteers serve this greater good person-by-person and make the fabric of our community stronger.

Volunteers create the kind of world we all want to live in, where people care about each other and give of themselves. Volunteers live their values through service. Volunteers ensure that others' lives are lifted, often when they are fragile. It's a gift to have another human being in your corner.

The gift of Community Caregivers' Volunteer Spirit results in very tangible benefits to our Neighbors whom we serve....

- We provide access to health care. Over ninety percent of our services are transportation-related. The majority of these are for medical purposes, primarily to local medical facilities in Meredith, Laconia and Gilford, while some are long distance including the greater Boston area and VA clinics in NH and Vermont.

- We support our Neighbors' efforts to maintain a healthy lifestyle by providing rides to exercise classes and counseling programs.

- We make sure our Neighbors have food to eat by helping them shop for groceries.

- We help our Neighbors with personal errands by taking them to the bank, the post office, etc.

- And we help our Neighbors have a more fulfilling life by creating social interaction throughout this process: The ride is more than just "a ride."

All this good work could not be accomplished without Community Caregivers Volunteers, whether you are a Volunteer Driver or Companion or you volunteer "behind the scenes" on the Board of Directors, the various Committees, in the office, or once a year at an event or on a project. To all our Volunteers, on behalf of the Neighbors we serve, thank you for the gift of your presence.

*If you would like to support our mission by volunteering, we are currently seeking additional Volunteer Drivers, MiniGolf Team Organizers, and others to help out in various capacities. To find out how your talents can be used, call Ann Sprague at 253-9275, ext. 4, email [Director.Caregivers@gmail.com](mailto:Director.Caregivers@gmail.com), or visit [www.InterlakesCommunityCaregivers.org](http://www.InterlakesCommunityCaregivers.org).*

### Volunteers Enjoying Each Other's Company at ICCI's Annual Meeting May 26, 2016





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## Fundraisers Need your Support !

**Ben & Jerry's Meredith Charity Week** – Buy an ice cream at Ben & Jerry's, Mill Falls Marketplace, June 20-26. A portion of the proceeds will benefit Community Caregivers.

**Enter to Win \$5,000! Buy your 50/50 raffle ticket today!** No more than 100 tickets will be sold. \$100 per Ticket. Drawing to be held at the 6th Annual Mini-Golf Tournament at Paradise Falls, Moultonborough on September 10th.

**6th Annual Community Caregivers Mini-Golf Tournament.** September 10, 2016 Paradise Falls, Moultonborough. Teams, Sponsors & Volunteers Needed! Join the Fun & Sign Up Today!

**Antique Car Show.** Thursday, August 4th, 5:30pm - 7:30pm. Meredith Bay Colony Club, 21 Upper Mile Point Drive, Meredith. Come see 50+ classics, learn more about Community Caregivers and have some fun! BBQ Dinner will be available \$6.00 per person.

To learn more about any of these fundraisers, to purchase a raffle ticket, or volunteer for the Mini-Golf Tournament please call us at 253-9275 or visit our website at [www.interlakescommunitycaregivers.org](http://www.interlakescommunitycaregivers.org)