



Interlakes Community Caregivers, Inc.

Center Harbor Meredith Moultonborough Sandwich

Issue 36 Spring 2017

President's Message



I remember the day very well when I first heard about Community Caregivers. My wife and I were part-time residents in Moultonborough and we attended the Festival of Trees around Christmas time 2014. I was struck specifically by the tree that was sponsored by the Interlakes Community Caregivers.

What kind of an organization was this? Upon reading more I was affected by how simple the mission was, to provide transportation to those who need to make medical appointments and go to the markets to buy food. Community Caregivers turns out to be more than that, but I was hooked on the message.

Volunteerism is a personal decision. There are many ways to give of yourself, but to do this knowing you are making a difference in someone's life is special. I signed up to be a driver. The people I met enriched my life. Everyone has a story and they can be so fascinating.

My involvement took another turn as I was elected to finish the term of a member of the Board of Directors. This gave great insight as to how the organization was run and the people who run it. There are some 75 volunteers who give of their time and talents in addition to the Lead Coordinator and Executive Director.

As with all nonprofits there are fundraisers as well as other events. Cookies and Caroling was an event held last December that gave the volunteers and the neighbors we serve an opportunity to mingle, share stories and a lot of cookies, and sing a few Holiday songs. So many of our friends find the holidays difficult. It was a wonderful afternoon.

At the recent annual meeting I was elected to be the President of the Board of Directors. I want to thank the past President John Buckley for his dedication and leadership. I look forward to serving with David Hughes, Vice President, George Jewell, Treasurer, and Debra Peaslee, Secretary, and all continuing and new Board members as well as the Executive Director and staff as we move to the 20th anniversary of an organization that started out of the Center Harbor Congregational Church who saw the need of the community and formed Caregivers.

In these turbulent political times it is imperative we do not forget kindness and compassion for our fellow citizens. Please join me in this endeavor. Attend our fundraisers, play mini golf or sponsor a hole. Consider our annual appeal. There are so many ways to make a difference in other people's lives as well as your own.

ICCI Board of Directors

Peter O. Allen
President

David Hughes
Vice President

George Jewell
Treasurer

Debra Peaslee
Secretary

Amy Brown

John Buckley

Richard Crocker

Sally Dussault

David A. Eastwood

Ron Elliard

Darlene M. Fritz

Naella McLaughlin

Melissa F. Reid

Wendy Shambaugh

Nathan Torr

Executive Director

Ann W. Sprague



Pat Lincoln and Charlotte Leavitt presenting the Charlotte Leavitt award to John Buckley.

John Buckley, outgoing Board President, was presented with the prestigious **Charlotte A. Leavitt Award in Recognition for Outstanding Volunteer Service** for his dedication, commitment and passion for the mission since 2006 when he began as a Volunteer Driver. Buckley has served in a variety of leadership roles during his tenure: President for the past three years, Vice President, Chair of the Executive Committee, and Co-Chair of the Fund Development Committee. Cited also were his efforts to improve business practices for the non-profit, including the acquisition of new technology to improve service coordination and a donor base management system, as well as the development of a planned giving program. John will complete his term with one more year on the Board and continues as a Volunteer Driver and on the MiniGolf Committee.



***Interlakes Community
Caregivers
Elects
New Members
to the
Board of Directors***

New Board Members: Melissa Reid, Ron Elliard, Darlene Fritz, Rich Crocker. Absent: Wendy Shambaugh

Rich Crocker, a retiree living in Meredith, worked over 40 years in education and human services. Formerly a special education teacher, Rich worked for state government and local nonprofits in the fields of aging and developmental disabilities. He believes Interlakes Community Caregivers is critical to helping older citizens age in place. He currently serves on the Elder Rights Coalition and EngAging NH, a monthly newsletter focusing on aging issues.

Ron Elliard is a financial advisor specializing in succession planning and business exit strategies. He attended the University of San Francisco and received a Master's degree in Business Administration from New Hampshire College. He is active in the community and serves on two other boards, as Vice Chair of the Community Investment Committee for the Granite United Way and as a board member for the Capital Theater of the Arts in Concord. He is also a member of the Meredith Rotary Club and lives in Meredith with his family.

Darlene M. Fritz was born and raised in New Jersey where she enjoyed a career in multi-unit retail management. Darlene, along with her husband Charlie, now own and operate an industrial electrical contracting business, Electrical Installations, Inc. in Moultonborough. The business has grown over the course of 30 years, developing a unique specialty, instrumentation and controls for the water and wastewater treatment industry. She is a 25-year volunteer for the Make-A-Wish Foundation of New Hampshire as a "wish granter" and public speaker. She also serves on the board of the Moultonboro/Sandwich Meals-on-Wheels program and is active in numerous church activities.

Melissa French Reid is a graduate of the New England School of Banking and brings a background in banking, training, customer service and strategic projects to Community Caregivers. She is currently the Vice President, Branch Services and Retail Sales Officer for Meredith Village Savings Bank. Other volunteer experience and interests include the Salvation Army, Children's Auction for the Greater Lakes Region, and Making Strides Against Breast Cancer. She resides in Meredith with her husband and daughter.

Wendy Shambaugh, of Sandwich, is a bookkeeper and office manager who has worked in this capacity in Connecticut and, since 1998 when she moved to New Hampshire, for towns in the area, including several years as the Administrative Assistant to the Board of Selectmen for the Town of Sandwich. She is now retired from these positions and, along with her husband, Ben, own and operate Wayside Farm and Great Northern Berries in North Sandwich. Wendy also operates a home bakery, selling from the house and at the Farm. She currently volunteers as a Library Trustee for the Samuel Wentworth Library in Sandwich and as the Treasurer for the Sandwich Business Group.

Mission Statement

Interlakes Community Caregivers, a 501(c)3 nonprofit volunteer organization, provides supportive services and information for our neighbors to assist them in their daily lives.

**Please consider Interlakes Community Caregivers, Inc. when planning your will.
Contact ICCI at 603-253-9275 for more information.**



Director's Message

Spring is here and there's a lot of excitement in the air. At Community Caregivers, we are excited to fulfill our mission each day for the nearly 300 neighbors who currently seek our assistance. We are excited to welcome the five new board members recently elected who bring a wealth of experience and energy to govern and guide our organization. We are excited to think you, who are reading this, could be interested in becoming one of our wonderful volunteers. Perhaps I could persuade you?

As a volunteer, you will make a difference in the lives of our neighbors. You will provide access to health care by a ride to a medical appointment, food to eat by a ride to the grocery store or food pantry, or to take care of personal errands. You can volunteer to be a friendly visitor for someone who would really appreciate seeing your smiling face while also perhaps giving a primary caregiver a chance to take a break.

We know your time is valuable and we respect you have a busy schedule, so the times and dates you choose to volunteer is flexible – and we'll show you how we make that happen! We will provide you the training you need to be a top notch volunteer, if you have the kindness and compassion in your heart to serve our community one neighbor at a time. You will get a chance to get out and stay active, maintain your skill sets and feel useful. Directly serving individuals in our local community will provide great personal satisfaction. We offer mileage reimbursement and, most importantly, flexibility so that you volunteer when you want, on your own time schedule. If you could volunteer a few times a month, for the services you've chosen, we would be most grateful!

If this resonates in your heart, give me a call today (253-9275, ext.4) and I'll be happy to answer any questions to help you "pay it forward". The next Volunteer Education Course is scheduled in June (two three-hour sessions), in which you'll learn how we match neighbor requests with volunteer availability, communications, safety, as well as scenarios that you may encounter to ease you into your volunteer role. Learn more by visiting our website, www.InterlakesCommunityCaregivers.org.



Cabin Fever Reliever Co-Hosted by Meredith Historical Society



Free Cone Day at Ben & Jerry's

Upcoming Events

SUMMER SILENT AUCTION

at Moultonboro Lions Club

Saturday, July 8th • 3:00-7:00pm

Bid on over 100 auction items

Entertainment by Bryan Conway, BBQ

Co-hosted by Lakes Region Food Pantry

BEN & JERRY'S WEEK

At Mill Falls Marketplace, Meredith

June 19th - 25th

A portion of all sales goes to ICCI

7th ANNUAL MINIGOLF TOURNAMENT

at Paradise Falls Golf Course,

Moultonborough

Saturday, September 9th • 1:00-4:00pm

Put a team together and join the fun!



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*Interlakes Community
Caregivers
Recognizes
Volunteer Achievements*

Interlakes Community Caregivers paid tribute to our volunteers at our 2017 Annual Meeting and Volunteer Recognition held on May 17th at the Moultonborough Lions Club.

Community Caregivers Volunteers provided 2,504 services, donated 4,206 hours and drove 51,261 miles in 2016. As our Volunteers provide the services we offer to the community, they are at the heart of everything we do! Special recognition and thanks go to:

Sylvia Detscher of Meredith was recognized for having driven **the greatest number of miles** providing rides to Neighbors, a **total of 3,735 miles in 2016.**

Bill Lee of Meredith donated the **greatest number of hours in 2016 (258)** who, along with his wife Linda, are one of our husband and wife Volunteer Driver teams.

Length of Volunteer Service. 5 Years of Service went to **Pat Lincoln and Richard Russell of Moultonborough and Debra Peaslee and Susan Speers of Sandwich. 10 Year Recognition** went to **Mike and Pat Devanney of Moultonborough.** Each recognized volunteer received a red "Caring Heart" carnation.

Thank you to the New Hampshire Electric Co-op Foundation for support of this newsletter.